

*Sports* **UPDATES**

**Boys Cross Country**  
**9/20** - Varsity finished eleventh at the Meriwether cross Country Classic

**Girls Cross Country**  
**9/20** - Varsity finished third at the Meriwether Cross Country Classic

**Football**  
**9/20** - Varsity vs Banks: L14-19  
**9/23**- JV @ Banks: W44-16

**Girls Soccer**  
**9/19** - Varsity @ Silverton: W2-0, JV @ Silverton: L3-7  
**9/23** - Varsity vs Junction City: W10-0

**Boys Soccer**  
**9/23** - Varsity @ Junction City: W8-0, JV @ Junction City: W-0

**Volleyball**  
**9/19** - Varsity vs Elmira: W3-0, JV vs Elmira: W2-0  
**9/21** - Varsity @ Philomath: L0-2, JV competed @ Sheldon, JV2 competed @ Molalla  
**9/24** - Varsity @ Siuslaw: L1-3, JV @ Siuslaw: W2-1, JV2 vs Harrisburg: L0-2

**Boys Waterpolo**  
**9/18** - Varsity vs Churchill: L10-14

**LEAGUE GAMES BEGIN**  
*Fall sports kick off league season*



Sophomore Ryan Cary focuses on the ball during the varsity game against Junction City. Photo by Abby Chambers '21

**By JJ Anderson '20**  
 As league play is starting to kick-off for most teams this fall, some have had great amounts of success while others are still showing room for improvement.

On the gridiron, the football team has shown their ability to score, powered by a strong running game led by sophomore running back Lucas Tuski. Overall, they have yet to start league and are sixth in state with a 2-1 record.

The boys soccer team this year is being led by seniors Joey Braud and Sam Bell. A big victory for the boys earlier this season was a 1-0 win over sixth ranked Silverton in the 5A classification. They have a 4-0-1 record overall and are currently first in league and fifth in the state.

On the girls side for soccer, they are dominating the competition. Leading this years team are seniors Ella Coulombe, Georgia Karam and Kallie Harding. Currently they are sitting at number one in the state and in league with an overall record of 5-0-2.

Both cross country teams are currently ranked number one in the state respectively and look poised to compete for back-to-back state championships. On the Boys side, seniors Evan Villano and Wiley Watts are leading the pack and on the girls side, seniors McKenna Priske and Lucy Tsai are the top runners.

The volleyball team had a difficult preseason which is in part due to playing four of the top 10 teams in the state at the 4A classification. That competition will help them in the long run while they are currently tied for second in league.

In the pool, the water polo team has had a rough start to the season by starting off 0-3. Although they haven't yet been victorious, they are getting closer to triumph.

**ALL CLASSES ASSEMBLE**



Freshman Reeve Helvoight finishes her speech as her other classmates get prepared to give theirs while senior Sally Moore claps along. Photo by Toni Cooper

*Student council leads classes in meetings and games*



Juniors Alex Goss, Payton Richardson, Ben Koleno and Sean Li get ready to throw during an intense game of dodgeball against the sophomore class. Photo by Amanda Jewett '20

**By Mia Barajas '20**

This afternoon, students gathered for their fall class meetings led by Student Council to inform their classes about picture retakes, Homecoming Week and for seniors, graduation. Dean of Students Josh Byrum also went to each meeting to remind students about dress code for everyday wear and for the new relaxed dress Fridays.

The freshman class met in the ARC to listen to announcements along with speeches given by six of their classmates who are running for

freshman class council. The other classes voted for their class councils last spring.

After their meeting, the freshmen moved to the AC to rehearse their class dance routine that they will be performing on Oct.15 along with the other classes in a Homecoming Week competition.

After going over a n n o u n c e m e n t s , sophomore and junior classes competed in hula hooping competitions, towel races, bump and several intense games of dodgeball in the gym.

**ANOTHER YEAR OF A.L.I.C.E**

*Students and staff participate in emergency training to keep community safe*

**By Ben Morehouse '21**

On Friday, Marist students and staff practiced A.L.I.C.E. training in their first period classrooms, in preparation for a situation that hopefully will never happen.

A.L.I.C.E. is an acronym for Alert, Lockdown, Inform, Counter and Evacuate. Each word represents a different way to respond that will save lives in an active-shooter situation; however, they are not meant to be done in any specific order.

Instead, they are informative tools that police officers have developed to keep students safe across the country. It is now being implemented to help schools and organizations in all 50 States.

The first half of the training last Friday was spent by teachers explaining each different A.L.I.C.E. procedure to their first period students. This was followed by a controlled drill, with students and teachers practicing at

50% effort. Students learned that while it is important to follow teacher instructions, it is also imperative to take advantage of anything that can help increase safety.

Because of the seriousness of school shootings and the intensity of the training, Principal Stacey Baker began the training with a school wide prayer to bless the time of instruction and calm the nerves of those who were stressed.



Senior Evan Villano paces himself while he runs in the Meriwether Cross Country Classes. Photo by Mo Cavinee '21

**RACING SPARTANS**

*Marist cross country teams starts season strong at the Meriwether Classic*

**By Nick Stice '20**

Last Friday, the boys and girls cross country teams traveled to Hillsboro for the Meriwether Cross Country Classic. The varsity girls took home third and the varsity boys placed 11th out of the 44 teams that competed.

At the same race last year, the varsity girls, who won the 4A state meet in November, took seventh. The varsity boys, who also ended the season with a 4A state championship, took fifth place at last year's Meriwether Classic.

Both performances indicate a strong season ahead. As the varsity girls have lots of experience, the team as a whole is still pretty young and the seniors are stepping up as leaders. "I'm trying to teach the younger runners how to prepare for big races," said senior Lucy Tsai. After being the second Spartan to cross the finish line on Friday behind senior McKenna Priske, Tsai also has a personal goal of getting sub

19 minutes in a race.

The boys lost some key runners from last year's state championship team, but hope to carry over that winning momentum into districts and state. "We have been going through some hard training and our legs aren't fully recovered, but we are preparing for the bigger goal of winning state and I feel like we are in a good spot," said senior Evan Villano.

The teams have made one addition to the coaching staff to help them meet their goals. Head Coach Chase Wells brought in former Oregon runner, Luke Puskedra; providing the already talented coaching staff with another very experienced runner.

Cross country will head to the Springfield Invitational this coming Saturday for their next race and look ahead to November in hopes of making history and becoming state champions for both teams for the second year in a row.